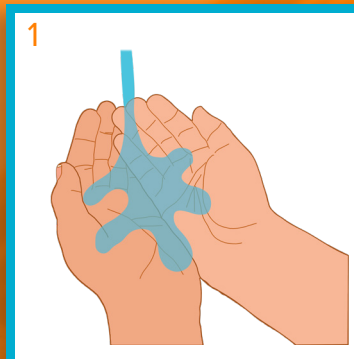
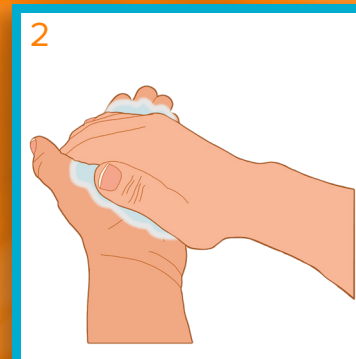


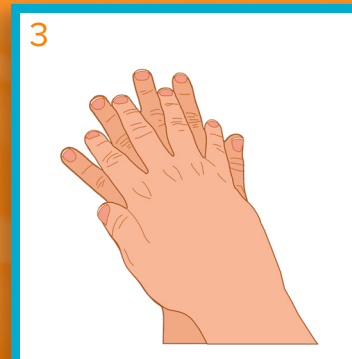
A GUIDE TO WASHING HANDS



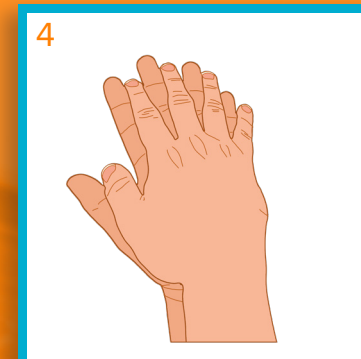
1
Wet hands under running water



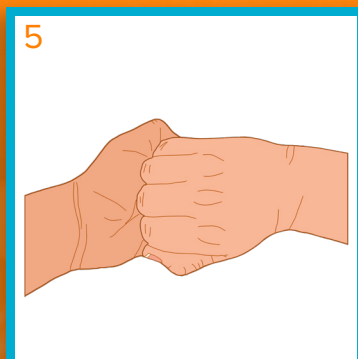
2
Rub soap into the palms



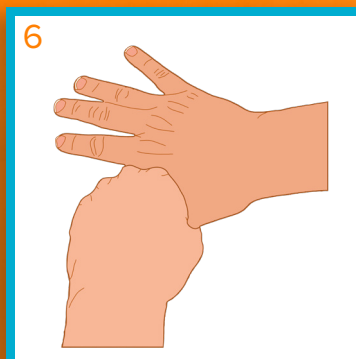
3
Rub lather across the back of hands



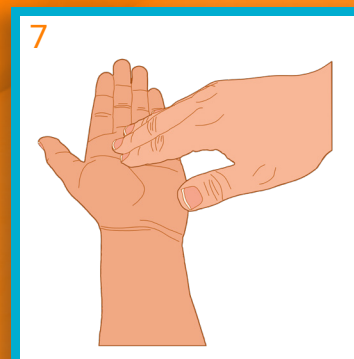
4
Clean between the fingers



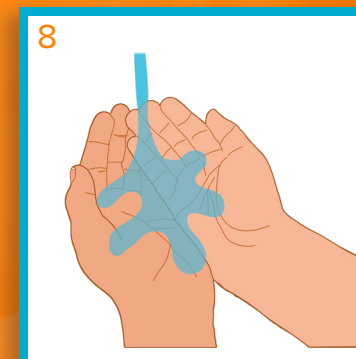
5
Grip fingers to clean finger tips



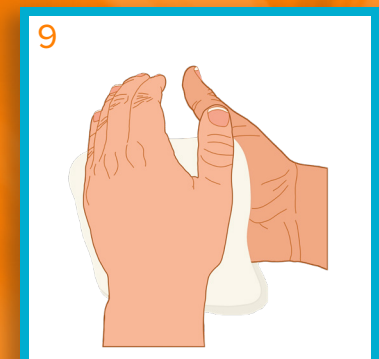
6
Rub the lather into the thumbs



7
Rub fingers into the palms



8
Rinse



9
Dry hands with a clean towel